



Before You Begin Collections

1. Samples may only be sent off to the lab **Monday through Wednesday**. If samples are sent a different day, the sample may become compromised.
2. Please check your vials for expiration dates. If it has expired, call Customer Service for a replacement vial.
3. Do not allow urine or water to touch the sample as it will contaminate it.
4. Avoid contact of the skin and eyes with the fluid in the vial. For eye contact, flush with water thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your physician immediately.
5. If you are unable to produce a stool sample, only the following recommended laxatives can be used: Oral phosphate soda laxatives such as Fleet, Magnesium citrate, Psyllium fiber, or Enemas may be given using distilled water only. Give laxatives 24 hours before any sample collection. Do not use any suppositories or mineral oil.
6. Fill out the Test Requisition Form (TRF) completely. Please PRINT clearly. For US patients a physician authorization is required.
7. If you have any questions, please call Customer Service at 913-341-8949 or email CustomerService@gp-labs.com

Testing Requirements and Guidelines

Vial Type	Minimum Sample Requirement	During Collection	After Collection
Yellow Top	5 mL stool (to fill line)	Collect sample in collection tray. Place sample into vial using spoon attached to lid. Take multiple samples from different areas of specimen.	Shake sample vigorously for about 30 seconds. Store at room temperature.

Vials will have fixative agents in them. Do not pour out liquid. If it spills please contact Customer Service for another kit.

Preparing and Shipping the Specimen

1. Print the patient's full name, time, and collection date on the vial. You do not have to provide an ID number.
2. Place the yellow-topped vial and absorbent packing sheet into the biohazard zip-lock bag. Leave at room temperature.
3. Fold and place the completed TRF in the cardboard box and close the lid. Place box in the UPS Laboratory Pak and seal using the adhesive strip.
4. Please take note of the shipping/tracking number if you would like to track the package.
5. For best results, samples should be taken to your local UPS location (preferably toward end of the day). To find your closest UPS Store location and hours visit www.ups.com/dropoff. Alternatively, you may call for a UPS pickup at 1 (800) 742-5877 and advise them you need to schedule a pick-up using a return label. Do not put kit(s) in a UPS drop box.
6. PLEASE DO NOT ISSUE DIRECT PAYMENT TO UPS for the shipment. If UPS attempts to bill you for shipping costs, please contact our staff for assistance at 913-341-8949. The Great Plains Laboratory is unable to reimburse shipping charges in cases where UPS is paid directly.

Turn Around Time

Please note that most test results take a minimum of **two weeks** to become available after the sample arrives at our facility.