

The Great Plains Laboratory, LLC

Metals Fecal Test Instructions

11813 West 77th Street, Lenexa, KS 66214

(913) 341-8949

Fax: (913) 341-6207

GP-Labs.com

1 Before You Begin Collection

- 1. Samples may only be sent off to the lab Monday through Wednesday. If samples are sent a different day, the sample may become compromised. This test takes one day to collect and requires no special diet.
- 2. Please check your vials for expiration dates. If vials have expired, call Customer Service for replacement vials.
- 3. Fill out the Test Requisition Form (TRF) completely. Please PRINT clearly. For US patients a physician authorization is required.
- 4. If you have any questions, please call Customer Service at 913-341-8949 or email CustomerService@gp-labs.com.

2	Testing Requirements and Guidelines			
	Tube Type	Amount Per Tube	During Collection	After Collection
	Translucent Vial (contains ultra- pure water)	35 mL stool (3/4 full preferred)	Collect sample in collection tray. Place stool sample into the vial using spoon attached to the lid. Take multiple samples from different areas of specimen.	Shake sample vigorously for about 30 seconds. Store at room temperature.

3 Preparing and Shipping the Specimen

- 1. Print the patient's full name, time, and collection date on the vial. You do not have to provide an ID number.
- 2. Place the translucent vial and absorbent packing sheet inside the biohazard zip-lock bag, seal, and place into cardboard box. Leave at room temperature.
- 3. Fold and place the completed TRF in the cardboard box and close the lid. Place box in the UPS Laboratory Pak and seal using the adhesive strip.
- **4.** Please take note of the shipping/tracking number if you would like to track the package.
- 5. For best results, samples should be taken to your local UPS location (preferably toward end of the day). To find your closest UPS Store location and hours visit www. ups.com/dropoff. Alternatively, you may call for a UPS pickup at 1 (800) 742-5877 and advise them you need to schedule a pick-up using a return label. Do not put kit(s) in a UPS drop box.
- 6. PLEASE DO NOT ISSUE DIRECT PAYMENT TO UPS for the shipment. If UPS attempts to bill you for shipping costs, please contact our staff for assistance at 913-341-8949. The Great Plains Laboratory is unable to reimburse shipping charges in cases where UPS is paid directly.

Turn Around Time

Please note that most test results take a minimum of two weeks to become available after the sample arrives at our facility.