

Analyte List

GPL-3

IgG Food MAP

DAIRY

- Beta-Lactoglobulin
- Casein
- Cheddar Cheese
- Cow's Milk
- Goat's Milk
- Mozzarella Cheese
- Sheep's Yogurt
- Whey
- Yogurt

BEANS AND PEAS

- Adzuki Bean
- Black Bean
- Garbanzo Bean
- Green Bean
- Green Pea
- Kidney Bean
- Lentil
- Lima Bean
- Mung Bean
- Navy Bean
- Pinto Bean
- Soybean
- Tofu

FRUITS

- Acai Berry
- Apple
- Apricot
- Banana
- Blueberry
- Cantaloupe
- Cherry
- Coconut
- Cranberry
- Date
- Grape
- Grapefruit

- Guava
- Jackfruit
- Kiwi
- Lemon
- Lychee
- Mango
- Orange
- Papaya
- Passion Fruit
- Peach
- Pear
- Pineapple
- Plum
- Pomegranate
- Raspberry
- Strawberry
- Watermelon

GRAINS

- Amaranth
- Barley
- Buckwheat
- Corn
- Gliadin
- Malt
- Millet
- Oat
- Quinoa
- Rice
- Rye
- Sorghum
- Teff
- Wheat Gluten
- Whole Wheat

FISH/SEAFOOD

- Abalone
- Anchovy
- Bass
- Bonito

- Codfish
- Crab
- Halibut
- Lobster
- Mackerel Saba
- Octopus
- Oyster
- Pacific Mackerel (Saba)
- Pacific Saury
- Perch
- Red Snapper
- Salmon
- Sardine
- Scallop
- Shrimp
- Small Clam
- Squid
- Tilapia
- Trout
- Tuna

MEAT/FOWL

- Beef
- Chicken
- Duck
- Egg White
- Egg Yolk
- Goose
- Lamb
- Pork
- Turkey

NUTS/SEEDS

- Almond
- Brazil Nut
- Cashew
- Chestnut
- Chia Seed
- Flax Seed
- Hazelnut



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- Hemp Seed
- Macadamia Nut
- Peanut
- Pecan
- Pine Nut
- Pistachio
- Pumpkin Seed
- Sesame Seed
- Sunflower Seed
- Walnut

VEGETABLES

- Artichoke
- Asparagus
- Avocado
- Bamboo Shoot
- Bean Sprout
- Beet
- Bell Pepper
- Bitter Gourd
- Broccoli
- Brussel Sprout
- Burdock Root
- Cabbage
- Carrot
- Cauliflower
- Celery
- Chili Pepper
- Cucumber
- Eggplant
- Enoki Mushroom
- Garlic
- Kale
- Leek
- Lettuce
- Lotus Root
- Napa Cabbage
- Olive (Green)
- Onion
- Portabella

- Mushroom
- Potato
- Pumpkin
- Radish
- Seaweed Kombu Kelp
- Seaweed Nori
- Seaweed Wakame
- Shitake Mushroom
- Spinach
- Sweet Potato
- Tomato
- Yam
- Yellow Squash
- Yuca
- Zucchini

HERBS/SPICES

- Basil
- Bay Leaf
- Black Pepper
- Cayenne Pepper
- Cilantro
- Cinnamon
- Cloves
- Cumin
- Curry
- Dill
- Ginger
- Hops
- Mint
- Miso
- Mustard Seed
- Oregano
- Paprika
- Rosemary
- Sage
- Tarragon
- Thyme
- Turmeric
- Vanilla Bean

MISCELLANEOUS

- Bromelain
- Cane Sugar
- Cocoa Bean
- Coffee
- Green Tea
- Honey
- Meat glue
- Oolong Tea

OAT

- Citramalic
- 5-Hydroxymethyl-2-furoic
- 3-Oxoglutaric
- Furan-2,5-dicarboxylic
- Furancarboxylglycine
- Tartaric, Arabinose
- Carboxycitric
- Tricarballic
- 2-Hydroxyphenylacetic
- 4-Hydroxyphenylacetic
- 4-Hydroxybenzoic
- 4-Hydroxyhippuric
- Hippuric
- 3-Indoleacetic
- Succinic
- HPHPA (Clostridia marker)
- 4-Cresol (C. difficile)
- DHPPA (beneficial bacteria)
- Glyceric
- Glycolic
- Oxalic
- Lactic
- Pyruvic
- 2-Hydroxybutyric
- Fumaric
- Malic
- 2-Oxoglutaric
- Aconitic
- Citric



Analyte List

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- Homovanillic Acid (HVA)
- Vanillmandelic Acid (VMA)
- HVA/VMA Ratio
- 5-Hydroxyindoleacetic (5-HIAA)
- Quinolinic
- Kynurenic
- Quinolinic / 5-HIAA Ratio
- Uracil
- Thymine
- 3-Hydroxybutyric
- Acetoacetic
- 4-Hydroxybutyric
- Ethylmalonic
- Methylsuccinic
- Adipic
- Suberic
- Sebacic
- Methylmalonic (Vitamin B12)
- Pyridoxic (Vitamin B6)
- Pantothenic (Vitamin B5)
- Glutaric (Vitamin B2-Ribo avin)
- Ascorbic (Vitamin C)
- 3-Hydroxy-3-methylglutaric (Vitamin Q10-CoQ10)
- N-Acetylcysteine (Glutathione precursor and chelating agent)
- Methylcitric (Vitamin H-Biotin)
- Pyroglutamic
- Orotic
- 2-Hydroxyhippuric
- 2-Hydroxyisovaleric
- 2-Oxoisovaleric
- 3-Methyl-2-oxovaleric
- 2-Hydroxyisocaproic
- 2-Oxoisocaproic
- 2-Oxo-4-methiolbutyric

- Mandelic
- Phenyllactic
- Phenylpyruvic
- Homogentisic
- 4-Hydroxyphenyllactic
- N-Acetylaspartic
- Malonic
- 3-Methylglutaric
- 3-Hydroxyglutaric
- 3-Methylglutaconic
- Phosphoric
- Creatinine

Metals

ESSENTIAL

- Calcium
- Magnesium
- Sodium
- Potassium
- Copper
- Zinc
- Manganese
- Chromium
- Vanadium
- Molybdenum
- Boron
- Iodine
- Lithium
- Phosphorus
- Selenium
- Strontium
- Sulfur
- Barium
- Cobalt
- Iron
- Germanium
- Rubidium
- Zirconium

RATIOS

- Calcium/Magnesium
- Sodium/Potassium
- Zinc/Copper
- Zinc/Cadmium
- Calcium/Phosphorus

TOXIC

- Aluminum
- Antimony
- Arsenic
- Beryllium
- Bismuth
- Cadmium
- Lead
- Mercury
- Platinum
- Thallium
- Thorium
- Uranium
- Nickel
- Silver
- Tin
- Titanium

