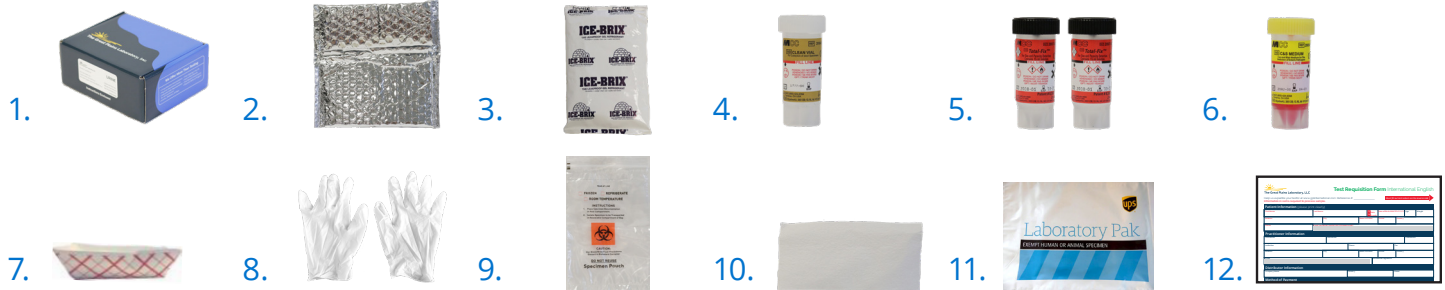




KIT COMPONENTS



- | | | |
|---------------------------------|---|---|
| 1. One cardboard box | 6. One yellow top tube | 10. Absorbent material sheet |
| 2. One silver thermo pack | 7. Two cardboard trays for collecting samples | 11. UPS Laboratory Pak |
| 3. One gel pack (please freeze) | 8. Two disposable gloves | 12. Test requisition form and paperwork |
| 4. One white top tube | 9. One specimen pouch | |
| 5. Two black top tubes | | |

BEFORE YOU BEGIN COLLECTIONS

- Send stool samples off to the lab **Monday or Tuesday ONLY**. Please ship all your samples in a single package to avoid multiple shipping charges.
- The samples for the black topped vials must be collected on two separate days (or at least 12 hours apart)**. All four stool specimens must be received at the Great Plains Laboratory within 5 days of the second collection. We suggest starting the first collection on the weekend.
- Save the cardboard box and place the gel pack flat into the freezer for at least 4 hours to ship back to us.
- Please check your vials for expiration date. If vials have expired, call Customer Service for replacement vials.
- Do not allow urine or water to touch the sample as it will contaminate it.
- Do not collect samples when there is active bleeding from hemorrhoids or menstruation. Wait at least 4 weeks from a colonoscopy or barium enema before collecting.
- Consult your physician for specific instructions and before stopping any medications.
- Avoid contact of the skin and eyes with the fluid in the vial. For eye contact, flush with water thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your physician immediately.
- If you are unable to produce a stool sample, only the following recommended laxatives can be used:
 - Oral phosphate soda laxatives such as Fleet
 - Magnesium citrate
 - Psyllium fiber
 - Enemas may be given using distilled water only
 Give laxatives 24 hours before any sample collection. Do not use any suppositories or mineral oil.
- Fill out the Test Requisition Form (TRF) completely. Please PRINT clearly.
- If you have any questions, please contact us at +1 (913) 341-8949 or CustomerService@gp-labs.com.

For questions about the collection of samples, call Customer Service at +1 (913) 341-8949.

TESTING REQUIREMENTS AND GUIDELINES (Read Before Collection)

Vials will have fixative agents in them. Do not pour out liquid. If it spills please contact Customer Service for another kit.

Vial Type	Minimum Sample Requirement	Items to Discontinue: (Unless otherwise instructed by a doctor)	Collection: Day 1	Collection: Day 2	After Collection
White Top	10 mL stool (3/4 full)	Digestive enzymes, antacids, iron supplements, vitamin c over 250 mg, aspirin, anti-inflammatories, and large amounts of meat 48 hrs prior to collection.	Collect sample in collection tray. Place stool sample into the vial using spoon attached to the lid. Take multiple samples from different areas of specimen. Fill vial at least ½ full with stool for an accurate test.		Place specimen in freezer.
Yellow Top	5 mL stool (to fill line)			Collect sample in collection tray. Place stool sample into the vial using spoon attached to the lid. Take multiple samples from different areas of specimen.	Shake sample vigorously for about 30 seconds. Store at room temperature.
Black Tops (2)	5 mL stool (to fill line)		Collect sample in collection tray. Place stool sample into the vial using spoon attached to the lid. Take multiple samples from different areas of specimen.	Collect sample in collection tray. Place stool sample into the vial using spoon attached to the lid. Take multiple samples from different areas of specimen.	Shake sample vigorously for about 30 seconds. Store at room temperature.

For questions about the collection of samples, call Customer Service at +1 (913) 341-8949.

PREPARING AND SHIPPING SPECIMENS

PREPARING THE SAMPLE

1. Complete the following documents:

- **Commercial Invoice.** You should see 3 copies of the commercial invoice in the kit if ordered directly from Great Plains Laboratory. Please sign on the bottom left corner of all 3 copies of the commercial invoice. Place all copies into the enclosed plastic pouch and attach to the outside of the UPS Laboratory Pak.
 - **Biological Declaration (India & Australia only).** Fill out consignee information (The Great Plains Laboratory), mark sample for lab research/human non-infectious, and please specify what kind of sample. On the second page, please fill out: Declarant name, contact information, and email. (This is your information). Place with the commercial invoices in the plastic pouch attached to the outside of the UPS Laboratory Pak.
 - **Test Requisition Form (TRF).** Please print clearly.
2. Write patient's name, date of birth, and date of collection on the collection vial.
 3. Place the white-topped vial and the frozen gel pack into the silver thermo bag. Place into the cardboard box.
 4. Place the yellow-topped vial, both black topped vials and the absorbent packing sheet into the plastic biohazard zip-lock bag and seal. Place into the cardboard box.
 5. Fold and place the completed TRF in the cardboard box and close the lid. Place box in the UPS Laboratory Pak and seal using the adhesive strip.
 6. Please take note of the shipping/tracking number if you would like to track the package.

SHIPPING INSTRUCTIONS

1. For best results, samples should be taken to your local UPS location (preferably toward end of the day to ensure sample(s) remain frozen during transit). To find your closest UPS Store location and hours visit www.ups.com/dropoff. Discounted shipping rates are indicated on the price list if you ship your sample using the UPS return label included in the kit.
2. We charge for the test and the return shipping when we receive the samples, unless it was paid upfront. Shipping charges vary depending on the country.

IMPORTANT NOTES:

- Shipping rates are per package. **Please ship all your samples in a single package to avoid multiple shipping charges.**
- If you do not locate a return label in the kit, please contact us before collecting sample. Do not go to UPS store to ship without our return label or your sample could be stopped by customs.
- Additional charges may apply if your package exceeds 900 grams.
- GPL will not be liable for refunds if the delivery is delayed due to customs or any other reason.
- Shipping charges are subject to change without notice.

For questions about the collection of samples, call Customer Service at +1 (913) 341-8949.